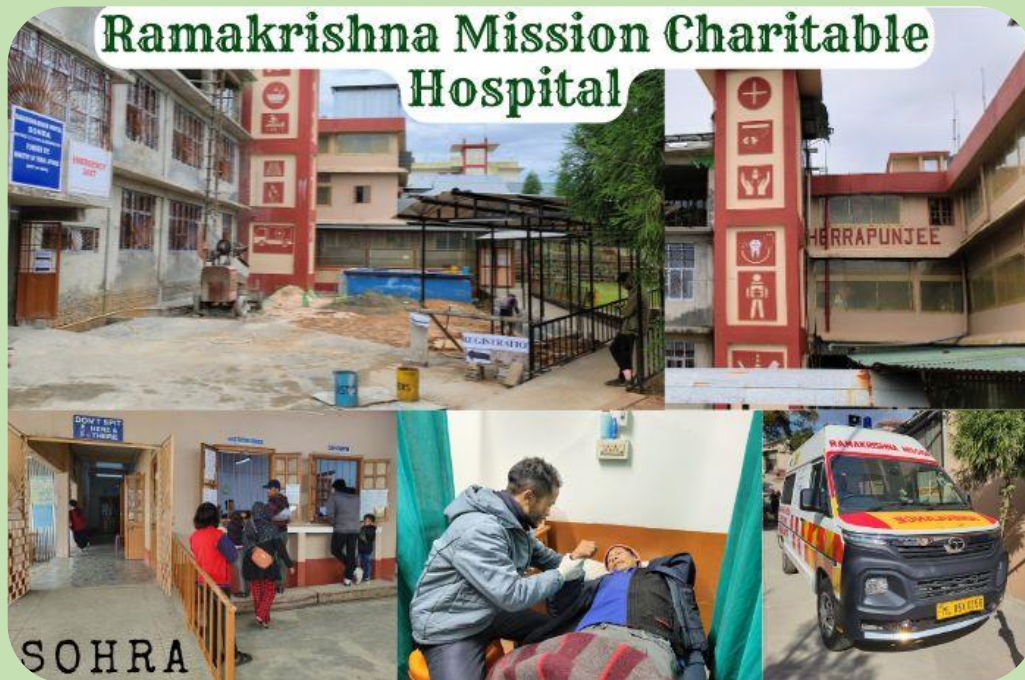


## ❧❧ RKM HOSPITAL SOHRA ❧❧



### RKM Hospital Sohra: Providing Comprehensive Healthcare Services

Located in the heart of Sohra, the RKM Hospital Sohra is a charitable hospital dedicated to serving the poor and deprived tribal families in the region. As part of the Ramakrishna Mission's efforts to provide holistic care, the hospital offers a wide range of medical services, including:

- **Allopathy:** modern medical treatment
- **Homeopathy:** alternative medicine options
- **Physiotherapy:** rehabilitation services for patients
- **Dental:** oral healthcare services
- **Eye:** ophthalmology services for eye care
- **Pathology:** laboratory testing for diagnosis
- **USG:** ultrasound services for diagnostic purposes
- **ECG:** electrocardiogram services for heart health
- **X-ray:** radiology services for diagnostic purposes

- **Dialysis:** treatment for patients with kidney failure
- **Emergency:** emergency medical services
- **Operation Theatre:** newly upgraded services for general surgeries
- **Cataract surgery** (to be implemented soon)



**Cataract Surgical Room under construction**

- The hospital's commitment to serving the community is evident in its various initiatives, including the inauguration of the Dialysis Unit on April 30, 2022. **Dialysis Unit** is equipped with 2 Fresenius dialysis machines and 2 trained **Dialysis Technicians**. With the support of esteemed guests, including Dr. Tonmoy Das and Dr. R S Thangkhiew, the hospital continues to expand its services to meet the growing needs of the community.



## Ambulance Services:

Ramakrishna Mission Charitable Hospital's Ambulance Services, Extending Care beyond Boundaries.



The Ramakrishna Mission Charitable Hospital has taken its commitment to healthcare a step further by introducing Ambulance Services, catering to the urgent needs of patients. This vital service enables swift transportation to any hospital in Shillong, ensuring timely medical attention and facilitating speedy recovery.

Beyond emergency care, the ambulance also plays a crucial role in supporting patients undergoing physiotherapy treatment. With convenient door-to-door pickup and drop-off services, patients can avail of therapy sessions without worrying about transportation, making the healing process more accessible and comfortable.

## Emergency Services at RKM Charitable Hospital

At RKM Charitable Hospital, we understand that medical emergencies can arise at any time, which is why our emergency department is open 24 hours a day, 7 days a week. Our team of experienced doctors, nurses, and support staff are always ready to provide immediate care and attention to patients in need.





## State-of-the-Art Emergency Equipment



Our hospital is equipped with the latest emergency equipment to ensure that patients receive the best possible care. Some of the key emergency equipment available at our hospital includes:

- **Monitors:** Our patient monitoring systems track vital signs such as heart rate, blood pressure, oxygen saturation, and respiratory rate, allowing our medical team to respond quickly to any changes in a patient's condition.
- **Suction Machines:** We have suction machines available to remove fluids, secretions, or debris from a patient's airway or other bodily cavities, which is essential in emergency situations.
- **Oxygen Machines:** Our oxygen concentrators provide a concentrated source of oxygen for patients who require supplemental oxygen therapy, which is critical in emergency situations such as respiratory distress.
- **BP Apparatus:** We use sphygmomanometers to measure blood pressure, an essential vital sign that helps our medical team diagnose and manage a range of medical conditions.
- **Blood Sugar Monitoring Apparatus:** Our glucose meters enable our medical team to quickly and accurately measure blood glucose levels, which is crucial for managing diabetes and other endocrine disorders.
- **Nebulization Machines:** We have nebulization machines available to convert medication into a mist that can be inhaled, which is often used to treat respiratory conditions such as asthma and chronic obstructive pulmonary disease (COPD).

## Comprehensive Emergency Care

At RKM Charitable Hospital, we are committed to providing comprehensive emergency care to patients of all ages. Our emergency department is staffed by a team of experienced doctors, nurses, and support staff who are trained to handle a wide range of medical emergencies, from minor injuries to life-threatening conditions.

Whether you are experiencing symptoms such as chest pain, shortness of breath, or severe abdominal pain, or if you have been injured in an accident, our emergency department is here to provide you with the care and attention you need.

## Contact Us

If you are experiencing a medical emergency, please do not hesitate to contact us. Our emergency department is open 24x7, and we can be reached at **7630036166**. We are here to help, and we look forward to serving you.

## Hospital Timings

The hospital's Out-Patient Departments (OPD) operate in two shifts:

- Registration time: 8:30 am to 12:30 pm and 4:00 pm to 7:00 pm
- Open from Monday to Saturday
- Emergency services are available 24x7
- Purified water is also available.



## In-Patient Department (IPD) Unit

The hospital's IPD unit is a 30-bedded facility, providing comfortable and hygienic accommodations for patients. The bed distribution is as follows:



- Female: 15 beds
- Child: 8 beds
- Male: 7 beds

The Mission also provide Hot and Cold Purified water especially to the Patient admitted to this hospital.



*Visiting hours for patients are:*

- 10:00 am to 11:00 am
- 4:00 pm to 5:00 pm

## Upcoming Services

The hospital is soon to introduce **Cataract Surgery** services, expanding its range of ophthalmology treatments.

## Health Insurance Schemes

The hospital accepts various government-funded health insurance schemes, including:

- Meghalaya Health Insurance Scheme (MHIS)
- Pradhan Mantri Jan Arogya Yojana (PMJAY)
- Ayushman Bharat Scheme



## Ayushman Bharat Digital Mission

## Telemedicine Services

The hospital offers **Telemedicine Services**, currently linked with Neigrhims Hospital Shillong. This facility enables patients to consult with specialists remotely, expanding access to quality healthcare.



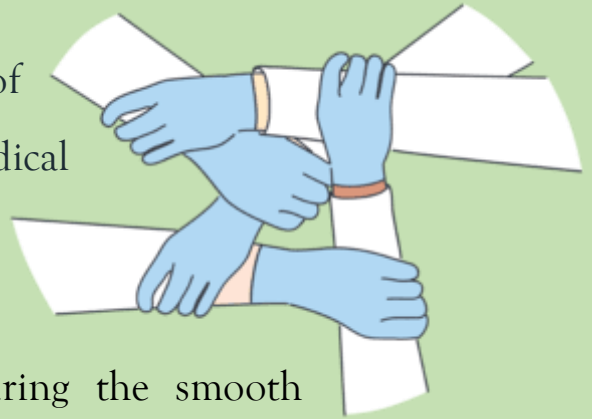
## Free Medicines

The hospital provides **free medicines** to patients, ensuring that financial constraints do not hinder access to essential healthcare.



## Medical Team at RKM Hospital Sohra

The RKM Hospital Sohra boasts a team of experienced and dedicated medical professionals, providing comprehensive healthcare services to the community. Our support staff play a vital role in ensuring the smooth operation of the hospital and providing quality patient care. The team includes:



## General Surgery Department at RKM Hospital Sohra

The General Surgery Department at RKM Hospital Sohra provides comprehensive surgical care to patients with various conditions. Our visiting general surgeon, **Dr. Bijan Kumar Paul**, brings extensive experience and expertise to the department.



## Allopathy Department

Our Allopathy Department provides modern medical treatment and care. Our team includes:

- Dr. K. Singh: MBBS
- Dr. Suman Devi: MBBS
- Dr. Gerald Marshiangbai: MBBS
- Dr. Rajiv Narzary: Medical Practitioner





## Homeopathy Department

Our Homeopathy Department offers alternative medicine options. Our team includes:

- Dr. Iada Malngiang: BHMS
- Dr. Ibanylla Hinge: BHMS



## Dental Department

Our Dental Department provides oral healthcare services. Our team includes:

- Dr. Gratefulson Syiemlieh: BDS
- Dr. Jiful Marwein: BDS



## Physiotherapy Department

Our Physiotherapy Department offers rehabilitation services. Our team includes:

- Dr. Maphisha Syiemlieh: PT
- Dr. Polly Nongrum: PT



## Eye Care Department at RKM Hospital Sohra

The Eye Care Department at RKM Hospital Sohra is equipped with experienced professionals to provide comprehensive eye care services. The team includes:

- Dr. Pallab Kumar Dewan: Eye Surgeon
- Alleric Synrem: Optometrist



*The department offers a range of services, including:*

- Eye examinations and check-ups
- Cataract surgery (coming soon)
- Treatment for various eye conditions and diseases
- Prescription and fitting of eyeglasses and contact lenses

The Eye Care Department is committed to providing quality eye care services to the community, ensuring that everyone has access to clear vision and healthy eyes.

**Dialysis Technicians:** 2 trained technicians

**X-ray Technician:** 1 technician

**USG Technician:** 1 technician

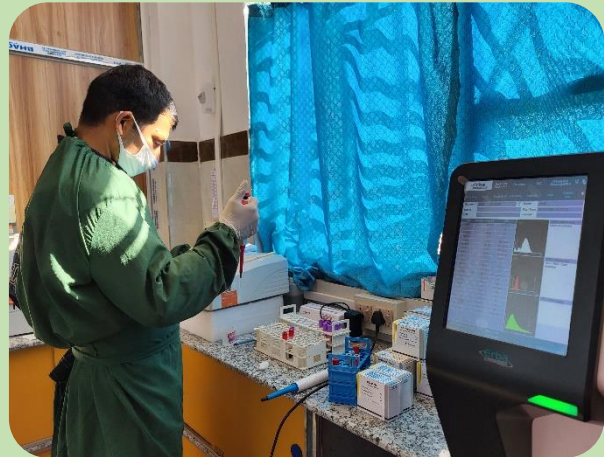
**Pathology Lab Technicians:** 3 technicians

**RO Units:** 2 units

**Staff Nurses:** 17 dedicated nurses providing compassionate care to our patients.

**Pharmacist:** 1 experienced pharmacist responsible for dispensing medications and providing pharmaceutical care.

**Cleaners:** 4 staff members responsible for maintaining the cleanliness and hygiene of the hospital premises.



RKM Hospital Sohra is a beacon of hope for the people of Sohra and its surrounding areas. With its team of experienced doctors, state-of-the-art facilities, and commitment to providing quality healthcare services, the hospital is dedicated to serving the poor and deprived tribal families.

As a charitable hospital, RKM Hospital Sohra strives to make healthcare accessible and affordable for all. The hospital's range of services, from general surgery to physiotherapy, ensures that patients receive comprehensive care.

We are proud to serve the community and look forward to continuing our mission of providing quality healthcare services to those in need.

